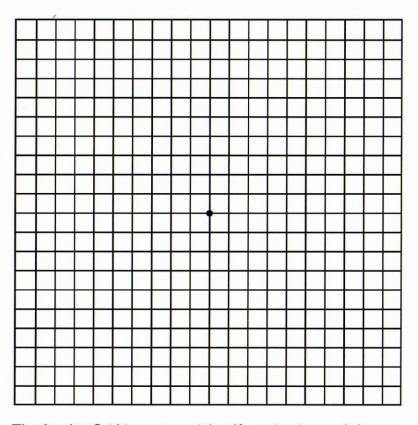
ROSENBAUM POCKET VISION SCREENER distance equivalent 874 2843 $26 \ 16 \ \frac{20}{200}$ ЕШЭ XOO 14 10 20 100 3 M W 6 3 9 2 5 Card is held in good light 14 inches from eye. Record vision for each eye separately with and without glasses. Presbyopic patients should read thru bifocal segment. Check myopes with glasses only. DESIGN COURTESY J.G. ROSENBAUM. M.D. PUPIL GAUGE (mm.)

AMSLER GRID



The Amsler Grid is an essential, self-monitoring tool that can detect changes in your vision and symptoms of macular degeneration. It should not be depended upon for diagnosis.

INSTRUCTIONS:

- I. Wear the glasses or contact lenses you normally use for reading.
- 2. Hold the Amsler grid at normal reading distance in a well-lit room.
- 3. Fully cover one eye then use the uncovered eye to focus on the center dot.
- 4. Repeat the process with the other eye.



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